

BIRKBEES GROUP WINTER SNACK MENU 2024

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Orange & Oatcakes	Pear & Rice Cakes	Water Biscuits with Butter and Cherry Tomatoes	Apple & Crispbread	Melon
Afternoon Snack	Bread Sticks Celery Sticks	Cream Crackers With Cream Cheese	Carrot Sticks with Homemade dip	Toast Fingers with Butter and sliced Grapes	Salt & Pepper Crackers & Butter
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Apple & Crispbread	Wholemeal Bread and butter Pepper Sticks	Pear	Breadsticks Apple	Grapes & Oat Cakes
Afternoon Snack	Rice Cakes Cucumber	Banana	Melon	Oranges	Crispbread & Carrot sticks
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Water Biscuits Cucumber	Banana & Cinnamon on Toast	Water Biscuits Tomatoes	Wholemeal Toast with Cream Cheese	Cream Crackers Mackerel Pate
Afternoon Snack	Pear and Apple	Carrot Sticks with Homemade dip	Breadsticks Sliced Grapes	Rice Cakes Kiwi	Melon
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Rice Cakes Pineapple	Melon	Cream Crackers Cherry Tomatoes	Crisp Bread Banana	Apple and Toast

Afternoon Snack	Carrot Stick Dips	Oat Cakes with Cream Cheese	Satsuma	Breadsticks Cucumber sticks	Kiwi Crackers
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