

Emotions Blog 2022.

This term Tweenies have been looking at different types of emotions. This is important for them to identify any feelings they are having, and able to communicate them.

We have been discussing emotions and feelings at group times and have been doing adult led activities which involve emotions and talk about how we are feeling and why.



We did a creative activity, which involved the children looking at themselves and describing if they look happy, or sad ect. They used props and resources we provided to do a self-portrait and express themselves through creativity.



The conversations lead to how they are feeling, and why they are feeling that way.

This gives a child the opportunity to talk about anything that maybe worrying them at nursery or even at home.